

# 6-7 AT-HOME STRIKE QUEST

Use rolled-up tape, paper, a sock, tin foil, or a light ball. If you need to, create a paddle by swinging a piece of hard cardboard, flattened cereal box, or tape a flat item onto a ruler, spatula, or even paper towel roll (fill with scrunched paper to make it more solid).

X = how many times you need to hit the object to complete each challenge.



1



2

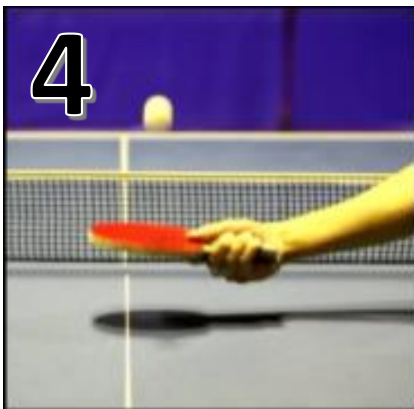


3

Hit the object up into the air and either catch or let it drop to the floor 18x.

Hit the object against a wall and either catch or let it drop to the floor 18x.

Hit the object against a wall and hit a target (poster, sign, etc) 18x.



4



5



6

Hit the object up into the air 6x in a row before it lands on the floor.

Hit the object against a wall 6x in a row before it lands on the floor.

Hit the object both against a wall and into the air 6x in a row before it lands on the floor.